

# The *ultimate* Decluttering Checklist



## Ask yourself...

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Do I really need this?     | <input checked="" type="checkbox"/> Is it worth the space it is taking up?  |
| <input checked="" type="checkbox"/> Is this in good condition? | <input checked="" type="checkbox"/> Do I have multiple of these items?      |
| <input checked="" type="checkbox"/> Can I repurchase?          | <input checked="" type="checkbox"/> How big of a hassle is it to move this? |
| <input checked="" type="checkbox"/> How often do I use this?   | <input checked="" type="checkbox"/> Does it have sentimental value?         |

### Kitchen

- outdated spices
- expired or unwanted food
- mismatched containers
- travel mugs with no lids
- unused recipe books
- duplicate kitchen tools
- stained towels or oven mitts
- rusted pots and pans
- almost empty cleaners
- broken or chipped dishes
- dull knives that cannot be sharpened
- cutting board with deep groves
- old chip clips

### Household

- old electronics
- outdated decor
- expired coupons
- old office supplies
- random cords
- old picture frames
- stained/worn blankets
- unread books
- old CDs or VHS tapes
- old lightbulbs and batteries
- toys with missing pieces
- used coloring books
- board games/puzzles with missing pieces

### Bathroom

- unused hair care products
- stained towels and rags
- almost empty toiletries
- old toothbrushes and toothpaste
- old bath mats
- old toilet brush
- dental care packets
- broken makeup/powder compacts
- hair accessories
- outdated vitamins and medicines
- blunt razors
- shower liner

### Miscellaneous Items

- mismatched socks
- used up coloring books and stickers
- broken toys
- half used candles
- old lightbulbs
- outdated calendars
- old batteries
- duplicate toys
- old birthday cards
- takeout menus
- pens that don't work
- random charging cords